

Ven Conmigo 2 (Chapter 5)

F M O N T A Ñ I S M O E Q É S O L A Y I
B I S A S E P R A T N A V E L D S X W E
Y K E S R A J A L E R D O E S T R É S S
Y W C C T P N B E S R A N E R T N E B R
Z S U E F G O O N K D O L E R C G A R A
E W I X O C S N K O O F C T O I A E E M
V D O D W M H K T D S M R D M C C S S I
I C D Y U A R A M E R E O S S L A R P T
T S A L L I D O R M E T A F A I N A I S
A E E E S R E C R O T N B S L S S J R A
R S C O T I B Á H O M V F Y U M A E A L
E T N M U S E B R U V S A O D O R U R R
S I A D T G Z B Ñ M M W Í A R C S Q O A
Q R L H Y N M E R C P R M T J M E D L T
U A A R O O C A B F O U V U E O A Q L S
E R B W H A D A S A R G K C S L U R I E
Z S W F C U O L L E U C U D K L T F B N
P E G F S M P V T E S R E V O M O A O E
T D E S C A L A R M O N T A Ñ A S Y T I
H B N A T A C I Ó N R A C I D E D C M B

FAT
NECK
HABIT
HEALTH
HEALTHY
SWIMMING
TO AVOID
TO SPRAIN
WELL-BEING
DON'T BE...
I ALREADY KNOW
TRACK AND FIELD
MOUNTAIN CLIMBING
TO GO MOUNTAIN CLIMBING

DIET
ANKLE
WRIST
STRESS
CYCLING
TO SWEAT
BALANCED
TO STRETCH
TO COMPLAIN
TO GET TIRED
TO ACHE/TO HURT
IT'S JUST THAT...
TO INJURE (ONESELF)

KNEE
ELBOW
ROWING
TO MOVE
SHOULDER
TO TRAIN
TO RELAX
TO BREATHE
TO DEDICATE
GET INTO SHAPE
TO LIFT WEIGHTS
CALF (OF THE LEG)
FOR (A PERIOD OF TIME)

Solution

F MONTAÑISMO EQ É SOLAY I
B I SASEPRATNAVEL DSXWE
Y K ESRAJALERDO ESTRÉS S
YWCCTPNBESRANERTNE BR
ZSUEFGOONKDOLERC GARARA
EWIXOCSNKOOFCTOIAEEM
VDODWMHKTDSMRDMCCSSI
ICDYUARAMEREOSSLARPT
TSALLIDORMETAFAINAIS
AEEESRECRÓTNBSLSSJRA
RSCOTIBÁHOMV FYUMAEAL
ETNMUSEBRUVSAODORURR
SIADTGZBÑMMWIARCSQOA
QRLHYNMERCPRMTJMEDLT
UAAROOCABFOUVUEOAQLS
ERBWHADASARGKCSLURIE
ZSWFCUOLLEUCUDKLTFBN
PEGFSMPVTESREVOMOA OE
TD ESCALARMONTAÑAS YTI
HB NATACIÓN RACIDED CMB