

Allez-Viens 2 (Chap. 7-2): En pleine forme

M G P S P A S Q U E S T I O N P L B S R
S N N B O G E B S I A R V E D U T V Z A
J C M H E U U D X R Y T T C V Z J E T M
' K A J N X X ' M M M W B R P Q V U O J
A Z W A C X G A E Y V H M W F E F O E Y
B Y F R O F O C G K R U L R D E R N K B
A S A B R B P C A P C W E S R M ' T T O
N A I M E J J O R D P Z U A P E B U U N
D P R T U X L R U U Y O I T N T B N Y N
O X E U N K P D O Z V S M P N K E ' E E
N U D A E Z E S C M B I E A Q R Y A S I
N E E S F O E Z I I N U C R F K X S P D
E P S R F K M L E O X P O A T V J Q R É
V E P A O C G N L P D Z L X Q E K U E E
T N O I R F D J L A R U K A C R L ' S V
X E M S T E P U S S W T T R E O W A Q O
L J P O K H S W B M U Y A M R C I W U Y
W L E N P F Z Z L Y O Q F F G X B N E Y
M Y S T Q P O U R Q U O I T U N E P A S
S ' E N T R A ï N E R À X N T H H R U B

OK	NO WAY!	I CAN'T
COME ON!	I GIVE UP	GOOD IDEA!
YOU'RE RIGHT	TO TRAIN FOR	ONE MORE TRY!
I'M LOSING IT!	HANG IN THERE!	TO DO PUSH-UPS
YOU SHOULD... (INFORMAL)	I JUST CAN'T DO ANY MORE!	YOU'VE GOT TO... (FORMAL)
YOU'VE GOT TO,,, (INFORMAL)	WHY DON'T YOU...? (INFORMAL)	YOU'RE ALMOST THERE!
YOU WOULD DO WELL TO... (INFORMAL)	ALL YOU HAVE TO DO IS... (INFORMAL)	(INFORMAL)

Solution

M	G	P	S	P	A	S	Q	U	E	T	I	N	P	L	B	S	R		
S	N	N	B	O	G	E	B	S	I	A	R	V	E	D	U	T	V	Z	A
J	C	M	H	E	U	U	D	X	R	Y	T	T	C	V	Z	J	E	T	M
'	K	A	J	N	X	X	'	M	M	M	W	B	R	P	Q	V	U	O	J
A	Z	W	A	C	X	G	A	E	Y	V	H	M	W	F	E	F	O	E	Y
B	Y	F	R	O	F	O	C	G	K	R	U	L	R	D	E	R	N	K	B
A	S	A	B	R	B	P	C	A	P	C	W	E	S	R	M	'	T	T	O
N	A	I	M	E	J	J	O	R	D	P	Z	U	A	P	E	B	U	U	N
D	P	R	T	U	X	L	R	U	U	Y	O	I	T	N	T	B	N	Y	N
O	X	E	U	N	K	P	D	O	Z	V	S	M	P	N	K	E	'	E	E
N	U	D	A	E	Z	E	S	C	M	B	I	E	A	Q	R	Y	A	S	I
N	E	E	S	F	O	E	Z	I	I	U	C	R	F	K	X	S	P	D	E
E	P	S	R	F	K	M	L	E	O	X	P	O	A	T	V	J	Q	R	É
V	E	P	A	O	C	G	N	L	P	D	Z	L	X	Q	E	K	U	E	E
T	N	O	I	R	F	D	J	L	A	R	U	K	A	C	R	L	'	S	V
X	E	M	S	T	E	P	U	S	W	T	T	R	E	O	W	A	Q	O	
L	J	P	O	K	H	S	W	B	M	U	Y	A	M	R	C	I	W	U	Y
W	L	E	N	P	F	Z	Z	L	Y	O	Q	F	F	G	X	B	N	E	Y
M	Y	S	T	Q	P	O	U	R	Q	U	O	I	T	U	N	E	P	A	S
S	'	E	N	T	R	À	I	N	E	R	À	X	N	T	H	H	R	U	B