

# Allez-Viens 2 (Chap. 7-2): En pleine forme

Q E X V Q J . . . A ' U Q S A ' N U T S  
T J E I V N E S A P I A ' N E J N O  
U P B F Y X I N B A J J L I A R W M Z E  
D B T A W U F ! E U W V T L M E X S B N  
O O I I P A V Q E P Q I J E E R B P L C  
I N G R I N C D X U E X Q B H Z N Z C O  
S N M E M I O S F D Q U K F V B ! O R R  
. E Y D B M U A T ' J S X S R O Q L J E  
. I P E L O R S U A H G E P L D K Q V U  
. D A S E D A V D C Y F K R A Y U O V N  
Z É S P N B G J E C Y C H N P S U N K E  
D E Q O N A E E V O D C K F G S O S X F  
B ! U M O S ! C R R K Q L Y D S E G H F  
L P E P D E L R A D J J Z E I V N Y K O  
E D S E N D A A I U G R V A I O R S U R  
B J T S A E K Q S V S E R F N H N Y F T  
J T I J B R Y U . R Z S S L W I H D Z !  
S O O I A I P E . . A F N R R E E T N V  
M N N R ' A F ! . U A U R M O Q D J W L  
O L ! B J F J . T M J E E U P X L H G Z

OK  
COME ON!  
YOU'RE RIGHT  
HANG IN THERE!  
YOU SHOULD... (INFORMAL)  
YOU'VE GOT TO,,, (INFORMAL)

I CAN'T  
I GIVE UP  
TO DO SIT-UPS  
I'M LOSING IT!  
NO, I DON'T FEEL LIKE IT  
YOU'RE ALMOST THERE!  
(INFORMAL)

NO WAY!  
GOOD IDEA!  
ONE MORE TRY!  
TO DO PUSH-UPS  
YOU'VE GOT TO... (FORMAL)  
ALL YOU HAVE TO DO IS...  
(INFORMAL)

# Solution

Q E X V Q J . . . A ' U Q S A ' N U T S  
T J E I V N E S A P I A ' N E J N O  
U P B F Y X I N B A J J L I A R W M Z E  
D B T A W U F I E U W V T L M E X S B N  
O O I I P A V Q E P Q I J E E R B P L C  
I N G R I N C D X U E X Q B H Z N Z C O  
S N M E M I O S F D Q U K F V B I O R R  
. E Y D B M U A T ' J S X S R O Q L J E  
. I P E L O R S U A H G E P L D K Q V U  
. D A S E D A V D C Y F K R A Y U O V N  
Z É S P N B G J E C Y C H N P S U N K E  
D E Q O N A E E V O D C K F G S O S X F  
B ! U M O S ! C R R K Q L Y D S E G H F  
L P E P D E L R A D J J Z E I V N Y K O  
E D S E N D A A I U G R V A I O R S U R  
B J T S A E K Q S V S E R F N H N Y F T  
J T I J B R Y U . R Z S S L W I H D Z !  
S O O I A I P E . . A F N R R E E T N V  
M N N R ' A F ! . U A U R M O Q D J W L  
O L ! B J F J . T M J E E U P X L H G Z